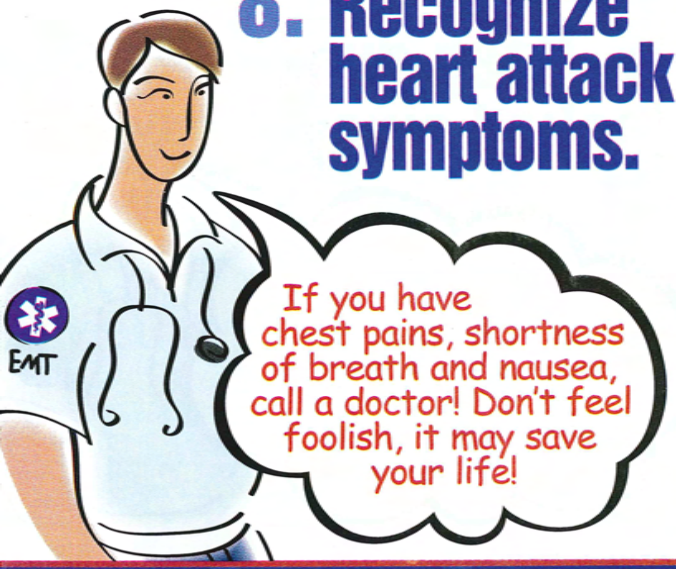
7. Falls.

8. Recognize heart attack symptoms.



Going to the Emergency Room of a Hospital for an injury can be a frightening thing. Although accidents do happen, this pamphlet gives suggestions on how to avoid the most common. Think before acting... Avoid the Worst, Think Safety First!

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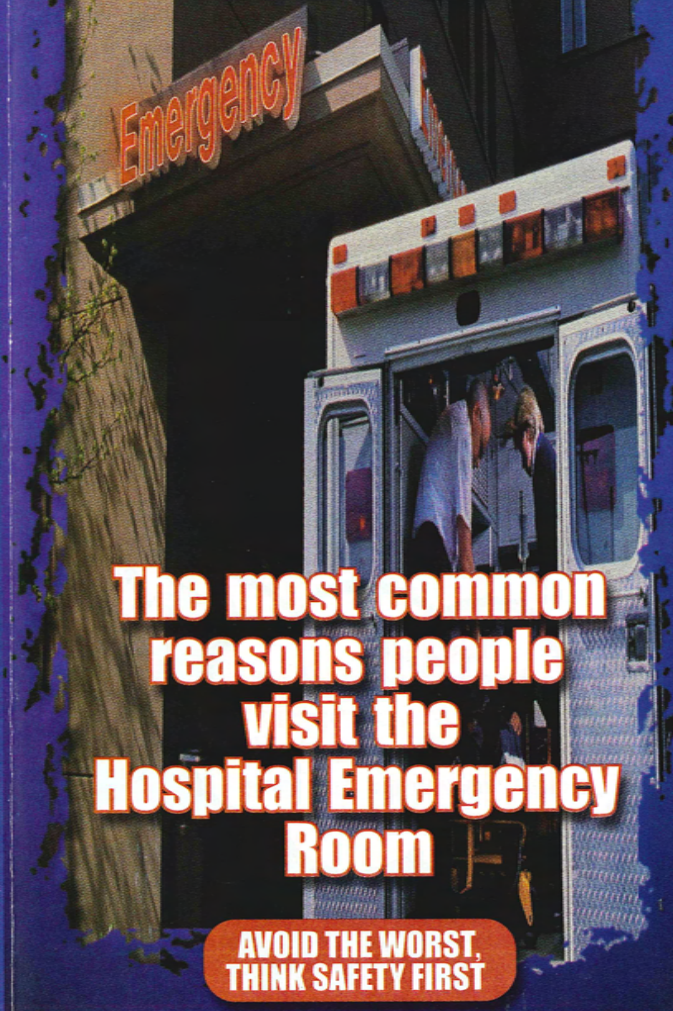
Tips To Avoid The Emergency Room



The most common reasons people visit the Hospital Emergency Room

AVOID THE WORST, THINK SAFETY FIRST

Avoid The Worst...

1. Supervise young children.

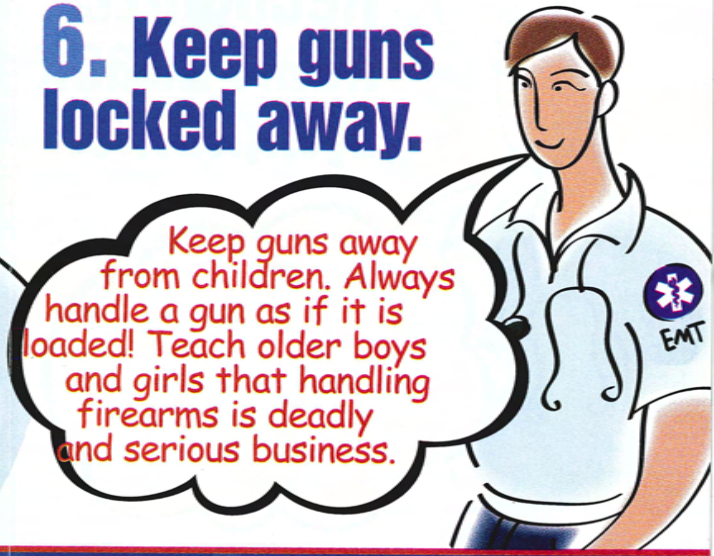
2. Look before backing up your car.

3. Keep matches and lighters out of sight from children.

4. Sports injuries.

5. Always wear your seatbelt.

6. Keep guns locked away.



...Think Safety First!